

Revitalizing Insole

IMPORTANT SAFETY INFORMATION

CAUTION: REFLEXOLOGY INSOLES ARE NOT A CURE OR SUBSTITUTION FOR INJURIES OR AILMENTS.

WARNING: ALWAYS CONSULT A DOCTOR OR PHYSICIAN IF YOU ARE UNSURE REFLEXOLOGY INSOLES ARE SUITABLE FOR YOU.

Important Instructions Before Use

Only use insoles for intended purposes.

Using Your Insoles

1. To trim your insole, use sharp shears to cut around the suggested guide lines to fit your shoe.
2. Correctly align insole into your shoe.

Tips For Using Your Insoles

- Reflexology Insoles do not have to be used with a particular shoe. If you wish, you may transfer insoles into any shoe or sandal.
- Magnetic therapy promotes massage, stimulation and isolated healing. Wear Reflexology Insoles to feel immediate benefits.

Caring Information

- If insole needs cleaning, wipe with damp cloth. Do not attempt to clean with liquid cleansers or submerge in water.
- If magnets fall out, they can easily be reattached by applying firmly with your thumb. Magnets do not need additional adhesive to be reattached.

Features

- Can be trimmed to fit any shoe.
- Breathable material.
- 12 large acupoints to support your foot's arch and the body's core.
- 120 medium acupoints to stimulate reflexes.
- 270 small acupoints that promote nutrient rich blood flow.
- 5 magnets strategically placed to relieve pain across key reflex points.

Technical Specifications

Dimensions	310 x 125 x 1.5 mm
Weight	133 g